

# Recipe SNEAK PEEK



## **INGREDIENTS**

1 tablespoon (14 grams) Cream Cheese
1/3 cup granulated sugar
1 teaspoon vanilla extract
3/4 cup thickened cream
1 cup full cream milk
1/4 cup mini chocolate chips, for mix-in

## **INGREDIENTS**

2 large egg yolks1/2 cup hazelnut spread2 teaspoons cocoa powder1 tablespoon glucose syrup

1/4 cup granulated sugar1/2 cup thickened cream3/4 cup full cream milk1 teaspoon vanilla extract



**COMPLETE GUIDE** Included With Your Order





2 tablespoons granulated sugar 1/4 cup store-bought lemon curd 2 tablespoons limoncello 1 cup thickened cream 3/4 cup full cream milk Zest of 1 lemon

#### **INGREDIENTS**

3/4 cup unsweetened coconut cream

1/4 cup monk fruit sweetener

2 tablespoons raw agave nectar

5–6 drops green food colouring

1/2 teaspoon mint extract

1 cup unsweetened oat milk

3 chocolate sandwich cookies, cut in quarters, for mix-in





#### For freezing:

1/3 cup granulated sugar 1 cup (240 ml) hot black coffee, brewed 3/4 cup (180 ml) light thickened cream

### For processing:

Pour-in: coffee

# **INGREDIENTS**

400 ml strawberry yoghurt

#### **Optional extras:**

1 scoop protein powder 1/3 cup fresh ripe strawberries, trimmed, diced



400 ml chocolate yoghurt 2 tablespoons almonds, chopped

2 tablespoons mini chocolate chips

1 tablespoons mini marshmallow

## **INGREDIENTS**

4 large egg yolks

1 tablespoon maple syrup

1/4 cup + 1 tablespoon light brown sugar

1 teaspoon maple extract (optional)

1/3 cup thickened cream

1 cup full cream milk



1 packet unsweetened acai pulp (thawed)
1/4 cup fresh ripe blueberries
1/3 cresh ripe banana, cut in 1-2 cm pieces
1/2 cup greek yoghurt
1/2 cup milk

#### **Optional extras:**

1 scoop protein powder Acai bowl toppings like kiwi, banana, strawberry and coconut

## **INGREDIENTS**

#### For freezing:

1 cup + 2 tablespoons (270 ml) water

1 cup + 2 tablespoons (270 ml) margarita mix

#### For processing:

Pour-in: equal parts water and gold tequila